



PFLAG Canada is Canada's only national organization that helps all Canadians with issues of **sexual orientation, gender identity and gender expression.**

PFLAG Canada supports, educates and provides resources to all individuals with questions or concerns **24 hours a day, 7 days a week.**

Whether you are learning to accept yourself or someone you care about, it may be helpful to speak with **someone who understands what you're going through.**

Just call us at 1-888-530-6777

www.pflagcanada.ca

